



# August 2017 Daily Meal Service

519-660-1430

To cancel a meal call the office no later than 11 am the day before your meal delivery

Sunday Delivered on Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Delivered on Friday
We are closed Monday August 7th for the Civic Holiday, there will be no meal delivery this day. If you need a meal to cover this closure please call to order 519-660-1430		1 Meatloaf	2 Chicken Gumbo	3 Dijon Pork Loin	4 Seasonal Cold Plate (Chicken) Do Not Heat	5 Beef Stew
6 Turkey Shepherds Pie	7 <b>OFFICE CLOSED No Meal Delivery</b>	8 Baked Ham <hr/> Pork Loin—NAS	9 Chicken with Mango Sauce	10 Braised Beef	11 Italian Cod	12 BBQ Chicken Breast
13 Spaghetti	14 Chicken Pot Pie	15 Honey Glazed Meatballs	16 Sausages and Mashed Potato <hr/> Pulled Pork—NAS	17 Seasonal Cold Plate (Chicken) Do Not Heat	18 Baked Salmon	19 Lasagna
20 Turkey A La King	21 Salisbury Steak	22 Roast Turkey	23 Beef and Herb Lasagna	24 Chicken Stir Fry	25 Braised Pork in Gravy	26 Beef Stroganoff
27 Pineapple Ginger Chicken	28 Roast Beef	29 Coconut Chicken	30 Shepherds Pie	31 Baked Ham <hr/> Pork Loin—NAS	Breakfast/Snack addition available with your meal, only \$2.25. Call for more information. 519-660-1430	