

May 2018



To cancel a meal, call the office no later than **11 am** the day before your meal delivery

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Braised Beef	2 Ham/ Pork Loin (NAS)	3 Turkey Shepherd's Pie	4 Salmon	5 Beef & Herb Lasagna	6 Chicken Gumbo
7 Roast Beef	8 Chicken Pot Pie	9 Beef Stew	10 Braised Pork	11 Tilapia	12 BBQ Chicken	13 Salisbury Steak
14 Turkey A la King	15 Pork Loin	16 Mango Chicken	17 Lasagna	18 Lemon Cod	19 Roast Beef	20 Pineapple Chicken
21 VICTORIA DAY OFFICE CLOSED No meal delivery	22 Teriyaki Chicken	23 Beef Stroganoff	24 Roasted Turkey with Cranberries	25 Breaded Sole	26 Honey Glazed Meatballs	27 Sausages/ Braised Pork (NAS)
28 Coconut Chicken	29 Shepherd's Pie	30 Pesto Chicken	31 Braised Pork	<p>We are closed Monday May 21 for Victoria Day, if you need a meal to cover the closure please call the office before May 17th. 519-660-1430</p>		

We want to hear from you! Please call the office with any feedback you have about our menu. 519-660-1430. Thank you!

Did you know you can order online? Go to: <http://mealsonwheelslondon.ca/hotmeals>